

# Facility Policies

- Appropriate workout attire and closed toe shoes required at all times in the fitness areas. No boots or other hard-soled shoes are allowed. No open-toed, open-heeled shoes are allowed.
- Equipment must be wiped down after each use. Cleaning supplies are provided.
- Weights and dumbbells must be replaced on rack when finished.
- The use of outside personal trainers or tennis instructors is prohibited. These services are offered through our center, please speak with the front desk for more information.
- No food is allowed in the fitness area or rec lounge.
- Lockers are available for use on a daily basis. Locks and contents must be removed when you leave the premises.
- For your safety, please store gym bags, purses, and clothes in lockers, locks are available at front desk. The facility is not responsible for lost or stolen property.
- Locks may be removed and lockers emptied out. If a lock is left after the end of day it will be cut off.
- Any conduct unbecoming of a member or their guests by creating an uncomfortable environment for staff or facility users shall be handled accordingly by management and staff **in order** to maintain a clean and positive environment.
- Youth members **that** must complete orientation prior to full use of the facility will be contacted by our Personal Training staff following their registration. Members aged 16 and older have full access to all facilities without parent supervision.

## Where can I go in the Oro Valley Community & Recreation Center?

<b>*SUPERVISION*</b> WITHIN ARMS REACH OF RESPONSIBLE GUARDIAN AGE 16 OR OLDER	<b>8 &amp; Under</b>	<b>9 - 12 years old</b>	<b>13-15 Years Old</b>
<b>Cardio Equipment</b>	<b>NOT ALLOWED</b>	<b>WITH SUPERVISION</b>	<b>ALLOWED</b>
<b>Circuit Machines</b>	<b>NOT ALLOWED</b>	<b>NOT ALLOWED</b>	<b>ALLOWED</b> ORIENTATION REQUIRED
<b>Participate in Group Fitness Class</b>	<b>NOT ALLOWED</b>	<b>NOT ALLOWED</b>	<b>ALLOWED</b>
<b>Free Weights</b>	<b>NOT ALLOWED</b>	<b>NOT ALLOWED</b>	<b>ALLOWED</b> ORIENTATION REQUIRED
<b>Utilize Rec Lounge</b>	<b>WITH SUPERVISION</b>	<b>ALLOWED</b>	<b>ALLOWED</b>